Resource Guide for Middle School Students
In this guide you will find resources that DIG has compiled for you. How to use: Each resource has an icon with a link embedded in it. When you click on the icon it will take you to the resource

**Energy Efficiency & Conservation**

- **Reducing Carbon Emissions at Home**
  Powerpoint with information about what carbon emissions are and how to reduce your impact.

- **Energy Glossary**
  A useful Glossary of Energy Terms that students can use as a resource to reference.

- **How to Get Your Kids Involved in Saving Energy**
  Interesting ways to involve kids in energy and resource saving process.

**Water Quality & Conservation**

- **Water Quality Backyard Activity**
  Use this activity guide to learn more and explore the topic of water quality.

- **Water Quality Science Projects**
  Different experiment ideas that are about water quality.
Waste Reduction & Recycling

Waste Management for Kids
Introduction to different types of waste and how to reduce waste in your life.

Recycling for Kids
A perfect resource for teachers and parents who want to teach children waste management in a fun way.

Earth 911
Tips for kids on how to protect the planet.

Food Security

Whole Kids Foundation
Nutrition and wellness programs for kids.

Green Schools National Network
Enhances student health and learning while conserving natural resources and empowering students to develop sustainable behaviors.

Why School Gardens?
Browse research summary documents that demonstrate the value and purpose of school gardens.